

Dream Big Gymnastics Summer Schedule - Effective June 5, 2017

Recreational Class Program - one day per week classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym - Toddler - age 5	Parent must be present		10:15 - 11:15			
Open Gym - ages 6 and up	Parent attendance optional				7:30pm - 8:30pm	
Homeschool class				10:15 - 11:15		
Music and Motion - baby to 5				11:15 - 12:15		
Baby and Me - Baby to walking					4:00 - 4:30	
Mommy and Me - walking to 3			9:45 - 10:15	9:00 - 9:30	4:00 - 4:30	9:00 - 9:30
Preschool - ages 3-4	5:00 - 5:45	4:15 - 5:00 5:00 - 5:45	9:00 - 9:45	9:30 - 10:15 5:00 - 5:45	4:30 - 5:15	10:00 - 10:45
Advanced Preschool - ages 3/4			4:00 - 5:00			
Kindergarden - ages 5-6	5:45 - 6:45	4:00 - 5:00	5:00 - 6:00	4:00 - 5:00		9:30 - 10:30
Advanced Kindergarden - ages 5/6		5:00 - 6:00				
Boys - Beginner		4:00 - 5:00 Ages 4-5 5:00 - 6:00 Ages 7+	5:00 - 6:00 Ages 7+	4:00 - 5:00 Ages 3-4		
Boys - Advanced				5:00 - 6:00 Ages 7+		
Boys - Ninja Class				6:00 - 7:00 Ages 7+		
Recreational level 1	4:00 - 5:00	6:00-7:00	7:00 - 8:00	4:00 - 5:00		9:00 -10:00 Ages 7-9 10:30 - 11:30 Ages 10 +
Recreational level 2		4:00 - 5:00	6:00 - 7:00	5:45 - 6:45		11:30 - 12:30
Recreational level 3		6:00 - 7:30		5:45 - 7:15		
Tumbling - Beginner		6:00 - 7:00			5:30 - 6:30	
Tumbling - Intermediate			7:00 - 8:00			
Tumbling - Advanced					6:30 - 7:30	
Mini Cheerleading class - Ages 3-6		4:00-5:00				
Cheerleading class - ages 7 and up				4:00 - 5:30		
Parents Date Night Drop Off				5:45 - 8:15		

Special Needs - one day per week classes

Little Bears - ages 1-4	Parent participation required.					1:00 - 1:30
Big Bears - ages 5-9	Parent required to remain in gym during class.					1:30 - 2:30
Tumble Bears - Ages 10-18						2:30 - 3:30

Non-Competitive, Pre-Competitive and Competitive Team Program - classes held multiple days

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
High School Team Training April-Nov.	4:30 - 7:30	4:30 - 7:30	4:30 - 7:30	4:30 - 7:30		
Pre team - all ages		5:00 - 6:30		4:00 - 5:30		
Team Excel Gold		5:00 - 8:00		1:00 - 4:00	4:30 - 7:30	
Team Excel Bronze & Silver		5:00 - 7:30		1:00 - 3:30	4:30 - 7:00	
Team Level 2	4:30 - 7:30		4:30 - 7:30			
Team level 3	4:30 - 7:30		4:30 - 7:30		4:30 - 7:30	
Team Level 4	3:30 - 7:30		4:00 - 8:00		4:00 - 7:30	
Team Level 5	3:30 - 7:30		4:00 - 8:00	4:00 - 7:30	4:00 - 7:30	
Team levels 6 and up	3:30 - 7:30		9:00 - 1:00	9:00 - 1:00	3:00 - 7:00	

All participants must have a release on file.

Doctor evaluation required for Bears classes describing special needs and any special requirements.