

## Dream Big Gymnastics Class Schedule - Effective February 26, 2018

### Recreational Class Program - one day per week classes

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym - Toddler - age 5	Parent must be present		10:15 - 11:15			
Open Gym - ages 6 and up	Parent attendance optional				7:30pm - 8:30pm	
Homeschool class				11:00 - 12:00		
Baby and Me - Baby to walking					4:00 - 4:30	
Mommy and Me - walking to 3			9:45 - 10:15	9:00 - 9:30	4:00 - 4:30	9:00 - 9:30
Preschool - ages 3-4	5:00 - 5:45	4:15 - 5:00 5:00 - 5:45	9:00 - 9:45	9:30 - 10:15 10:15 - 11:00 5:00 - 5:45	4:30 - 5:15	10:00 - 10:45
Advanced Preschool - ages 3/4		5:45-6:45	4:00 - 5:00			
Kindergarden - ages 5-6	5:45 - 6:45	4:00 - 5:00	5:00 - 6:00	4:00 - 5:00		9:30 - 10:30
Advanced Kindergarden - ages 5/6		5:00 - 6:00 6:00 - 7:00				
Boys - Beginner		4:00 - 5:00 Ages 3-6 5:00 - 6:00 Ages 7+	5:00 - 6:00 Ages 7+	4:00 - 5:00 Ages 3-6	5:00 - 6:00 Ages 7+	
Boys - Advanced				5:00 - 6:00 Ages 7+	6:00 - 7:00 Ages 7+	
Boys - Ninja Class				4:00 - 5:00 6:45-7:45		
Recreational level 1	4:00 - 5:00	6:00-7:00	7:00 - 8:00	4:00 - 5:00 6:45-7:45		9:00 - 10:00 Ages 7-9 10:30 - 11:30 Ages 10 +
Recreational level 2		4:00 - 5:00 6:45-7:45	6:00 - 7:00	5:45 - 6:45		11:30 - 12:30
Recreational level 3		6:00 - 7:30		5:45 - 7:15		
Tumbling - Beginner		6:00 - 7:00			5:30 - 6:30	
Tumbling - Intermediate			7:00 - 8:00			
Tumbling - Advanced					6:30 - 7:30	
Back handspring class	6:30-7:30					
Cheerleading class - ages 7 and up	4:00-5:30					
Cheerleading class - ages 3-6	5:30-6:30					

### Special Needs - one day per week classes

Little Bears - ages 1-4	Parent participation required.					1:00 - 1:30
Big Bears - ages 5-9	Parent required to remain in gym during class.					1:30 - 2:30
Tumble Bears - Ages 10-18						2:30 - 3:30

### Non-Competitive, Pre-Competitive and Competitive Team Program - classes held multiple days

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
High School Team Training April-Nov.	4:30 - 7:30	4:30 - 7:30	4:30 - 7:30	4:30 - 7:30		
Pre team - all ages		5:00 - 6:30		4:00 - 5:30		
Team Xcel Bronze & Silver		4:30 - 7:00		5:00 - 7:30	4:30 - 7:00	
Team Xcel Platinum	4:00 - 7:30			4:00 - 8:00	4:00 - 7:30	
Team Xcel Gold		4:30 - 7:30		5:00 - 8:00	4:30 - 7:30	
Team Level 2	4:30 - 7:30		4:30 - 7:30			
Team level 3	4:30 - 7:30		4:30 - 7:30		4:30 - 7:30	
Team Level 4	4:00 - 7:30			4:00 - 8:00	4:00 - 7:30	
Team Level 5	4:00 - 7:30			4:00 - 8:00	4:00 - 7:30	9:00 - 1:00
Team levels 6 and up	4:00 - 8:00		4:00 - 8:00	4:30 - 8:30		9:00 - 1:00

**All participants must have a release on file.**

**Doctor evaluation required for Bears classes describing special needs and any special requirements.**